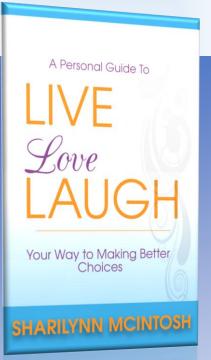
LIVE A LIFE YOU CAN LOVE

Sharilynn McIntosh, is a wife, mother, grandmother, vocalist and a native of Boston, MA. She has overcome many challenges and has learned how to live, love and laugh her way through every obstacle.

Through writing, speaking, singing and mentoring, Sharilynn helps people find their destiny and maximize their relationship potential.

Sharilynn is dedicated to showing others how to move from being stuck in the mistakes of the past to living an abundant life, full of hope and promise.

As a motivational speaker Sharilynn speaks to various audiences within her church and local community on topics of love and life from a biblical perspective.



SHARILYNN MCINTOSH

• AUTHOR • SPEAKER • FACILITATOR

Presentation Topics

LIVE, LOVE & LAUGH: WHAT RELATIONSHIPS TEACH US & HOW TO AVOID THE RISK OF GETTING HURT

Many women haven't the slightest clue as to why they find themselves in bad relationships. The truth is it all boils down to choices. Good choices lead to good relationships. Practicing good relationships begins with the one you have with God. Based on life lessons' learned from failed and successful relationships, Sharilynn McIntosh shares the components of an effective program that will take your relationships to a place of enjoyment.

OVERCOMING REJECTION: HOW TO EXPERIENCE RELATIONSHIP SUCCESS

What do you do when you've been rejected by family? Friends? Co-workers? Peers? How do you get rid of the pain and move forward without bitterness? The pain of rejection can sting like a viper. With the help of the Lord, healing is available for anyone who wants it. The question then is how do you begin to heal? Sharilynn McIntosh shares an intimate account of personal rejection alongside strategies used to overcome the hurt and heal. This presentation will help the audience create a clear, free, and loving space to cultivate new positive, healthy and fruitful relationships.

BOOK SHARILYNN TO SPEAK AT YOUR EVENT

Call: 508-250-5813 Email: livelovelaugh2betterchoices@gmail.com

JOIN THE CONVERSATION!

/Sharilynn.mcintosh1

Check out Sharilynn's latest book, Live, Love & Laugh...

Whether it was a bad choice or no fault of your own, life experiences can really beat up on you. As a result you can find yourself not trusting people because the truth is, you're still hurt. But what if there was a way out? What if there was a way to stop the pain and enjoy life again and enjoy people again? This book will show you how and help you make better choices.

